



EFA Annual Meeting

August 20-21, 2020

Connect on time!



Zooms links are visible only to registered participants via ConfTool online program.
[Register now!](#)

Coordinated Universal Time (UTC)	Example time zone, city, country			Start time session 1 (CEST/UTC+2 13:30-15:00)	Start time session 2 (CEST/UTC+2 15:30-17:00)	Start time session 3 (CEST/UTC+2 17:30-19:00)	Start time evening session (CEST/UTC+2 19:30-21:00)
UTC -11	SST	Samoa	USA	00:30	02:30	04:30	06:30
UTC -10	HST	Honolulu	USA	01:30	03:30	05:30	07:30
UTC -9	AKDT	Alaska	USA	02:30	04:30	06:30	08:30
UTC -8	AKDT	Alaska	USA	03:30	05:30	07:30	09:30
UTC -7	PDT	Vancouver	Canada	04:30	06:30	08:30	10:30
UTC -6	MDT	Calgary	Canada	05:30	07:30	09:30	11:30
UTC -5	CDT	Dallas	USA	06:30	08:30	10:30	12:30
UTC -4	EDT	New York,	USA	07:30	09:30	11:30	13:30
UTC -3	BRT	Rio de Janiero	Brazil	08:30	10:30	12:30	14:30
UTC -2	FNT	Fernando de Noronha	Brazil	09:30	11:30	13:30	15:30
UTC -1	CVT	Cape Verde	Cape Verde	10:30	12:30	14:30	16:30
UTC +0	GMT	Reykjavik	Iceland	11:30	13:30	15:30	17:30
UTC +1	BST	London	UK	12:30	14:30	16:30	18:30
UTC +2	CEST	Brussels	Belgium	13:30	15:30	17:30	19:30
UTC +3	EEST	Helsinki	Finland	14:30	16:30	18:30	20:30
UTC +4	GST	Abu Dhabi	UAE	15:30	17:30	19:30	21:30
UTC +5	MVT	Maldives	Maldives	16:30	18:30	20:30	22:30
UTC +6	BST	Dhaka	Bangladesh	17:30	19:30	21:30	23:30
UTC +7	ICT	Bangkok	Thailand	18:30	20:30	22:30	00:30
UTC +8	CST	Beijing	China	19:30	21:30	23:30	01:30
UTC +9	JST	Tokyo	Japan	20:30	22:30	00:30	02:30
UTC +10	AEST	Sydney	Australia	21:30	23:30	01:30	03:30
UTC +11	NCT	New Caledonia	New Caledonia	22:30	00:30	02:30	04:30
UTC +12	NZST	Wellington	New Zealand	23:30	01:30	03:30	05:30

Conference time →

Still unsure about time difference? Check this [link](#).